



Parent Resource Guide

(717) 917-6101

www.aaronsacres.org

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Abilities in Motion (AIM)

(610) 823-0312

210 N 5th Street, Reading, PA 19601

www.abilitiesinmotion.org

Jackie Kratzer

Abilities in Motion is a non-profit center for Independent Living in Berks county.

Services provided by AIM include:

- Information and Referral
- Peer Counseling
- Independent Living Skills Training
- Service Coordination
- System Advocacy Change
- Consumer-Directed Attendant Care
- Service Coordination
- Agency with Choice
- Housing
- Financial Management Services
- Nursing Home Transition
- Children and Youth Services

All materials are available in both English and Spanish, and interpretation services are available upon request.

Autism Society of Berks

(610) 736-3739

PO Box 6683 Wyomissing, PA 19610

www.autismsocietyofberks.org

The Autism Society of Berks County is made up of parents and family members of individuals affected by an autism spectrum disorder and professionals working in the field. The organization aims to provide information and support for individuals on the autism spectrum and their families through community awareness, education and autism research.

Services include:

- Phone line, available 24 hours a day, 7 days a week; call the number listed above for information, referrals and emotional support
- Lending library (includes over 50 books on autism and related topics)
- Family mentors
- Community Awareness Projects

- Art Workshops
- Music Therapy Groups
- Theater groups
- Walk for Autism Awareness
- Family Events

The Autism Society of Berks focuses on serving individuals from Berks County, but also offers opportunities to individuals from other areas based on the availability of resources.

Center for Pediatric Therapy

(610) 670-8600

9 Bristol Court, Wyomissing, 19610

Romain Jensen: RomainJensen@cpttherapy.com

The Center for Pediatric Therapy serves children of all ages with developmental, orthopedic, social, communication, sensory, motor, and behavioral needs. Services offered include:

- Occupational Therapy
- Physical Therapy
- Speech Language Pathology
- Behavioral Health services
- Auditory Integration Treatment
- Various programs including
 - Social Skills Program
 - Infant/Toddler Program
 - Feeding therapy
 - Fun n' Fit
 - Education & Training Programs (school or medical professionals, families, etc.)

The Center for Pediatric Therapy focuses on each child's individual strengths and works with all aspects of his or her life (home, school, and community).

Cynthia D. Long—Board Certified Music Therapist

(610) 488-8836

<http://www.cindysmtservices.com/>

cindymt131@aol.com

Cynthia D. Long is a Board Certified Music Therapist in the Reading area, and uses music to address physical, emotional, cognitive, and social needs of individuals of all ages. She offers music therapy to a variety of clientele and locations. Music therapy options include:

- Individual sessions
- Sibling sessions
- Children group sessions
- Adult group sessions
- Therapeutic lessons for piano and guitar

Cynthia Long has training in Neurologic Music Therapy, and has 25 years of experience providing music therapy in schools, nursing homes, summer camps, organizations, and individuals with special needs.

Easter Seals of Central Pennsylvania

(717) 741-3891 ext. 4338

2550 Kingston Rd., Suite 204, York, PA 17402

www.easterseals.com/wcpenna

Matt Ernst: mernst@eastersealscentralpa.org

Easter Seals provides services, education, outreach, and advocacy to people with all disabilities. Services are for children and adults, and include:

- Medical rehabilitation
- Employment training
- Recreational programs
- Adult Day program
- Early Intervention
- York Autism Resource center
- Summer Camp (Camp Lily)

EBM Educational Consulting—sent email, waiting to hear back

(610) 750-6222

52 Grandview Boulevard, Wyomissing, PA 19609

Elizabeth B. Medaglia, Educational Consultant

dannax@comcast.net

Elizabeth Medaglia specializes in helping families caring for someone with special needs locate, evaluate, and manage supportive resources in the community. She has over twenty-five years experience in regular and special education and in

special education administration. Elizabeth also offers educational training to groups of 3 to 300 on topics including:

- Autism 101
- Asperger's 101
- Understanding Special Ed Labels
- Accessing Community Resources
- The Special Education Process—Simplified!

Call the number listed above for a free consultation.

The Greater Reading Mental Health Alliance (GRMHA)
(Formerly Mental Health Association of Reading and Berks County)

(610) 775-3000

1234 Penn Avenue, Wyomissing, PA 19610

www.grmha.org

The Greater Reading Mental Health Alliance aims to provide quality mental health services by focusing on the total wellness of the individual. GRMHA offers services including:

- Peer Support, in aspects of life such as daily living skills, budgeting, personal relationships, and self advocacy
- Consumer Family Survey Team (CFST)
- Support Groups
- Information, Referral, and Education
- Consumer Financial Management Services
- Adult and Child Advocacy

Maxim Healthcare Services

(866) 401-5585

2211 Quarry Drive, Suite E-58C, Reading, PA 19609

www.maximhomecare.com

Rob Schmitz: roschmit@maxhealth.com

Maxim Healthcare Services is a full-service healthcare company dedicated to quality care. Maxim offers homecare as well as Autism and Applied Behavior Analysis (ABA) Therapy Services. ABA is considered one of the most effective approaches to improving the lives of people with autism, and combines

psychological, educational, and developmental techniques depending on the child's needs.

New Story

(610) 396-3672

1015 Penn Avenue, Wyomissing, PA 19610

www.newstory.com

Amy Sterner (BCM Supervisor)- asterner@newstory.com

New Story takes a comprehensive approach to educating children with educational and behavioral challenges. They work with the child's family, school system, and other professionals to create an individualized program that meets the child's needs and to enable the child to return to his or her home school.

Pennsylvania Counseling Services:

Berks County Children's Services

(610) 670-9924

938 Penn Street, Reading, PA 19602

<http://www.pacounseling.com/pages/clinics/reading-city/>

Reading PCS

(610) 670-7270

1733 Penn Avenue, Reading, PA 19609

<http://www.pacounseling.com/pages/clinics/reading/>

Reading Psychiatric

(610) 685-2187

125 South 5th Street, Reading, PA 19602

<http://www.pacounseling.com/pages/clinics/reading-psychiatric/>

Pennsylvania Counseling Services provides counseling, therapy, and other services for families and children. Outpatient services include:

- Mental health treatment
- Psychiatric treatment
- Specialized treatments for issues such as anger management, anxiety, depression, and self-injury
- School-based services (individual/group therapy, play therapy, family therapy, behavior modification, and cognitive behavioral therapy)

Reading Pediatrics (3 locations):

(610) 374-7400

40 Berkshire Court, Wyomissing, PA 19610

4885 DeMoss Road, Reading, PA 19606

108 Plaza Drive, Blandon, PA 19510

www.readingpediatrics.com

Reading Pediatrics is committed to serving the healthcare needs of children. They have a group of family advisors that consist of parents of children with special needs, who provide peer support and answer questions.

Service Access and Management, Inc. (SAM)

(610) 236-4804

19 North 6th Street, Suite 300, Reading, PA 19601

www.sam-inc.org

Robin G. Teitelbaum: rteitelbaum@sam-inc.org

Service Access and Management, Inc. aims to help people in the area of service by effectively and efficiently managing and/or providing accessible human services.

Services provided include:

- Mental health services
- Intake coordination
- Intellectual Developmental Disability Supports Coordination
- Student Assistance Program
- Truancy remediation
- SAM site housing assistance
- Department of Aging Services
- Fiscal services
- Administrative services

Special Olympics of Berks County

(610) 927-2699

PO Box 939, Reading, PA 19603

www.sopbc.org

Lee Persky—(610) 914-2089

Special Olympics is a year-round sports training program for individuals ages six and up with intellectual disabilities. They use specially adapted rules to make sports competitive for individuals with intellectual disabilities.