aaron's acres

Embracing Possibilities
Beyond Disabilities

Parent Resource Guide

(717) 917-6101

www.aaronsacres.org

Index

The Arc of Lancaster County....3
ASERT Autism Resource Center....3
Autism Speaks....4
Behavioral Health and Developmental Services (BHDS): Intellectual Disability Program....5
Behavioral Health and Developmental Services (BHDS): Early Intervention Program....6
Center for Autism and Developmental Disabilities—Philhaven....7
Chester County Intermediate Unit....8
Deaf and Hard of Hearing Services Lancaster County....9
Department of Public Welfare—Autism Services....9
Easter Seals of Central PA....10
Excentia....11
Greystone Manor Therapeutic Riding Center....12
Lancaster-Lebanon Intermediate Unit 13 (IU13)....12
Links 2 Care....13
Mental Health America of Lancaster County....13
New Story School—Lancaster....14
New Story Fund....14
The North Museum....15
Pennsylvania Counseling Services—Berks County....15
Pennsylvania Counseling Services—Dauphin County....16
Pennsylvania Counseling Services—Lancaster County....16
Pennsylvania Counseling Services: Lancaster Children's Services....17
Schreiber Pediatric Rehab Center....18
Special Olympics Lancaster County....18
The Tommy Foundation for Autism....19
United Disabilities Services....19
Vision Corps....20

The Arc of Lancaster County

(717) 394-5251

630 Janet Ave, Lancaster, PA 17601

www.thearcoflancasterco.org

The Arc supports individuals with intellectual and/or developmental disabilities and their families. They provide services such as:

- Advocacy
- Community education
- Sibling support group
- Buddy program

All programs and services are free of charge.

ASERT Autism Resource Center

(877) 231-4244

www.paautism.org

ASERT (Autism Services, Education, Resources, and Training) is a statewide initiative that supports individuals with autism and their families. ASERT has a statewide toll-free number (listed above) offering general autism resources and information about autism services.

Autism Speaks

(888) 288-4762

en Español: (888) 772-9050

www.autismspeaks.org

Autism Speaks is a national organization dedicated to funding autism research, raising public awareness about autism and its effects, and raising funds for those dealing with autism. Call the Autism Response Team (number listed above) or email familyservices@autismspeaks.org to:

- Find local services
- Learn about child's rights
- Obtain parent support
- Discuss issues like transition to adulthood

Autism Speaks also offers a variety of grants, including the Baker Summer Camp Program Grant (the specific organization has to apply), which offers scholarship funds for children with Autism Spectrum Disorder to attend summer camp.

Behavioral Health and Developmental Services (BHDS): Intellectual Disability Program

(717)-399-7355

Lancaster County Government Center, Intellectual Disability Program—Suite 515, 150 North Queen Street, Lancaster PA 17603

http://www.humanservices.co.lancaster.pa.us/ID_home.asp?nav=ID

brickerv@co.lancaster.pa.us

BHDS is a tax-funded agency that provides services to support people with intellectual disabilities. Services include:

- Support coordination
- Family support services
- Residential services
- Vocational training
- Adult day services

To begin services, call the number listed above. Some services, including case management, Early Intervention, and supports coordination, are free of charge. Other services require a co-pay, which is based on family income.

Behavioral Health and Developmental Services (BHDS): Early Intervention Program

(717) 399-7323

Lancaster County Government Center, Early Intervention Program—Suite 517, 150 North Queen Street, Lancaster PA 17603

http://www.humanservices.co.lancaster.pa.us/EI_home.asp?nav=EI

The Early Intervention program provides services to children with developmental disabilities from birth to age three. Services include:

- Support coordination
- Special instruction
- Occupational therapy
- Speech/language therapy
- Physical therapy
- Vision supports
- Hearing supports

Early Intervention takes place in environments in which the child is already comfortable, such as the home, daycare, or a community location. Eligible children (determined by the child's developmental delay) receive supports at no cost, regardless of income. To begin services, call the number listed above.

Center for Autism and Developmental Disabilities–Philhaven

(717) 735-1921

1886 Rohrestown Road, Lancaster PA 17601

http://www.philhaven.org/ProgramsandServices/CenterforAutismandDevelopmentalDisabilities.aspx

Center for Autism and Developmental Disabilities aims to address the social, emotional, and behavioral needs of individuals with disabilities. CADD offers the following services:

- Clinical and psychiatric evaluations
- Diagnostic testing
- Psychiatric medication management services
- Individual and family therapy
- Cognitive assessments
- Social skills groups
- Behavioral Health Rehabilitation Services (BHRS)

Chester County Intermediate Unit (CCIU)

(717) 617-2513

1861 Charter Lane, Suite 115, Lancaster PA 17601

www.cciu.org

Jessica Scepanksy, Coordinator Home and Community Services

(717) 617-2515

CCIU offers Home and Community services, which provide behavioral and mental health rehabilitation to children (under 21) with mental health disorders and their families. The program features:

- Therapeutic support staff (TSS)
- Behavioral health personal care assistant (BHPCA)
- Consolidation and coordination of services
- Ongoing supervision
- Group Intervention and support services
- Cost efficiency
- Mobile therapists and behavior specialist consultants

Services are free of charge, provided that the child has a Medical Assistance card and a prescription from a clinical evaluator.

Deaf and Hard of Hearing Services of Lancaster County (DHHS)

(717) 397-4741

150 Farmington Lane, Lancaster, PA 17601

www.dhhslancaster.org

Christine Roy—croy@dhhslancaster.org

DHHS aims to enhance the quality of life and encourage independence for Deaf and Hard of Hearing people. They offer a variety of services including:

- Sign language classes
- Hearing testing
- Hearing aid sales/fitting/repair
- Social activities

Department of Public Welfare–Autism Services

(717) 299-7411

832 Manor St, Lancaster, PA 17603

www.dpw.state.pa.us

Autism Services works to improve the quality of family life and independence of people with Autism Spectrum Disorders, and to support their families and caregivers. They also offer Bureau of Autism Services (BAS) mini-grants of up to $500 to support children and adults with autism. The grant application is posted in February and applicants are typically notified in May.

Easter Seals of Central PA (services in York, Berks, and Dauphin–not in Lancaster)

(717) 741-3891

2550 Kingston Ct, York, PA

www.easterseals.com

Matt Ernst—mernst@eastersealscentralpa.org

Easter Seals provides services, education, outreach, and advocacy to people with all disabilities. Services are for children and adults, and include:

- Medical rehabilitation
- Employment training
- Recreational programs
- Adult Day program
- Early Intervention
- York Autism Resource center

Excentia

(717) 519-6740

1810 Rohrerstown Road, Lancaster, PA 17601

www.ourexcentia.org

Excentia strives to enable people with intellectual disabilities to live as independently as possible. Programs work to meet needs across the lifespan, and include therapeutic and educational early childhood services, a life enrichment program, and a residential community. The After School program, for students ages 13 to 21, enables teens to get involved in the community by participating in activities like trips to the mall, arcade, museums, and art galleries. Excentia also offers a number of adult programs, such as:

- Adult Day (a daytime program for adults 21+ with monthly outings)
- Circle of Friends (a recreational program for adults held on evenings and weekends)
- Community Options (a community based program designed to teach work skills in a real world environment)
- Independent U (a program in which individuals 21+ are paired with a one-on-one staff person and volunteer in the community)

Excentia also has a six-week Summer Enrichment program for children and young adults ages 5 to 21 with intellectual and developmental disabilities. Campers without disabilities may attend at a reduced rate. Summer camp includes swimming, sports, music, art, science, nature, and special events.

Greystone Manor Therapeutic Riding Center

(717) 615-9222

1063 Hartman Station Rd, Lancaster, PA 17601

www.greystonemanortrc.org

Greystone Manor provides therapeutic horseback riding services to individuals with special needs. They stress the importance of dignity, safety, professionalism, community, transparency, health, and happiness.

Lancaster-Lebanon Intermediate Unit 13 (IU13)

(717) 606-1600

1020 New Holland Ave, Lancaster, PA 17601

www.iu13.org

IU13 aims to improve student learning by providing both direct educational services and educational support services for Lancaster and Lebanon county school districts, adult education students, nonpublic schools, and preschoolers and their families. IU13 provides a number of services, including transitional support, job training, and IEP support.

Links 2 Care

(717) 390-9870

2135 Noll Dr, Lancaster, PA 17603

www.lovingcareagency.com

Lisa Cunliffe (manager) lcunliffe@links2care.com

Links 2 Care and its sister program, Loving Care Agency, provide Homecare Services, which allow medically fragile children and adults to be cared for in their homes. Pediatric services include caring for children with tracheostomies, ventilators, and feeding tubes, as well as other treatments.

Mental Health America of Lancaster County

(717) 397-7461

630 Janet Avenue, Lancaster, PA 17601

www.mhalancaster.org

Jan Baily (director) jbaily@mhalancaster.org

Mental Health America is a nation-wide voluntary organization dedicated to promoting mental health, preventing mental illness, and contributing to the quality of life of persons with mental and emotional issues. Programs include community education, advocates, peer education, and social clubs.

New Story School–Lancaster

(717) 405-3287

3710 Hempland Road, Mountville, PA 17554

www.newstory.com

The New Story School takes a comprehensive approach to educating children with educational and behavioral challenges. They work with the child's family, school system, and other professionals to create an individualized program that meets the child's needs and to enable the child to return to his or her home school.

New Story Fund (through the New Story School)

(717) 405-3287

3710 Hempland Road, Mountville, PA 17554

http://www.newstory.com/about-us/fund/

The New Story Fund distributes $50,000 annually in awards to Pennsylvania families. Each family can be nominated for up to $1,500 in products and services each year from January 1 through January 31. Children and families dealing with autism spectrum disorder, serious emotional disturbances, mental retardation, and other developmental disabilities are eligible to apply. Nominees must also be a legal resident of PA and younger than 21 years old. Awards are announced by April 1 every year.

The North Museum–Sensory Friendly Mornings

(717) 291-3941

400 College Avenue, Lancaster, PA 17603

www.northmuseum.org

Nora Joyce—njoyce@northmuseum.org

The North Museum has Sensory Friendly Days for children with autism and their families. Accommodations include an online tour of the museum, a sensory map of the exhibits, gluten-free snacks, staff training, and a special planetarium show with lower volume and the option to talk and walk around the room.

Pennsylvania Counseling Services:

BERKS:

Berks County Children's Services

(610) 670-9924

938 Penn Street, Reading, PA 19602

http://www.pacounseling.com/pages/clinics/reading-city/

Reading PCS

(610) 670-7270

1733 Penn Avenue, Reading, PA 19609

http://www.pacounseling.com/pages/clinics/reading/

Reading Psychiatric

(610) 685-2187

125 South 5th Street, Reading, PA 19602
http://www.pacounseling.com/pages/clinics/reading-psychiatric/

DAUPHIN:

Harrisburg PCS

(717) 671-9610
4918 Locust Lane, Harrisburg, PA 17109
http://www.pacounseling.com/pages/clinics/harrisburg/

Dauphin Children's Services

(717) 526-4889
200 South Progress Avenue, Harrisburg, PA 17109
http://www.pacounseling.com/pages/clinics/dauphin-childrens-services/

LANCASTER:

Lancaster PCS

(717) 560-1908
6079 Main Street, East Petersburg, PA 17520
http://www.pacounseling.com/pages/clinics/lancaster/

Lancaster City PCS

(717) 397-8081
40 Pearl Street, Lancaster, PA 17603
http://www.pacounseling.com/pages/clinics/lancaster-city/

Lancaster Children's Services

(717) 392-8485

302 W. Orange Street, Lancaster, PA 17603

http://www.pacounseling.com/pages/clinics/lancaster-childrens-services/

Jane Emmert—jemmert@pacounseling.com

Pennsylvania Counseling Services provides counseling, therapy, and other services for families and children. Outpatient services include:

- Mental health treatment
- Psychiatric treatment
- Specialized treatments for issues such as anger management, anxiety, depression, and self-injury
- School-based services (individual/group therapy, play therapy, family therapy, behavior modification, and cognitive behavioral therapy)

Schreiber Pediatric Rehab Center

(717) 393-0425

625 Community Way, Lancaster, PA 17603

www.schreiberpediatric.org

Schreiber Pediatric offers outpatient physical, occupational, and speech-language therapy to children with disabilities, developmental delays, and acquired injuries. They also have a "reverse-mainstream" preschool and daycare (which is designed for children with special needs, but includes all children), as well as several recreational programs. Schreiber also offers a summer camp with fitness activities, sports, games, arts and crafts, field trips, and special presentations for children with disabilities, as well as Club 625 Camp, a camp program for teenagers ages 14 and up.

Special Olympics Lancaster County

(717) 299-2930

P.O. Box 7442, Lancaster, PA 17604

http://specialolympicslancastercounty.com/

Special Olympics is a year-round sports training program for individuals ages six and up with intellectual disabilities. They use specially adapted rules to make sports competitive for individuals with intellectual disabilities.

The Tommy Foundation for Autism

(717) 283-7920

www.tommyland.org

Sugey Cruz-Everts—sugey@tommyland.org

The Tommy Foundation for Autism provides direct assistance to families and autism training to students, professionals, and doctors. In the Collegiate Autism Program, trained college students are paired up with buddies (both children and teens) with autism in the community and focus on social interaction, communication, and play. The Sensitive Santa event occurs every year around Christmas, and allows children on the autism spectrum to visit with Santa in a sensory-friendly environment.

United Disabilities Services

(888) 837-4235 or (717) 397-1841

1901 Olde Homestead Lane, PO Box 10485, Lancaster, PA 17605

www.udservices.org

United Disability Services is a non-profit organization that helps people with disabilities live safely and independently in their own homes. Services offered include:

- Home modifications
- Custom wheelchair seating
- Service dogs
- Transition school
- Employment services
- Challenger Football and Cheerleading (a league for young people with disabilities)

Vision Corps (formerly Susquehanna Association for the Blind)

(717) 291-5951 ext. 126

244 N Queen Street, Lancaster, PA 17603

www.sabvi.org

Jennifer Eaton—jeaton@sabvi.com

Vision Corps aims to prevent or reduce the effects of vision loss by providing professional vision rehabilitation services, as well as to help maintain vision with early detection and eye disease management. Youth services (0-18) include early intervention, a preschool for children with and without vision impairments, and two summer camps.